

Sharing, Solving and Contributing



The work of our HARCVS members, bringing people together and giving hope for a positive future, seems even more vital right now. This was the theme of our HARCVS charity AGM in October.

HARCVS encourages generosity and kindness, working in partnership so that everyone across Harrogate District can feel part of and supported by our community.

The voluntary sector is about people. Smaller charities are built on local relationships, providing the glue that holds services and communities together and supporting people in very practical ways at times of real need.

Through our HARCVS networks, information is shared, problems are solved and issues identified.

We feed this intelligence to our partners to help with the planning of local services supporting good health and wellbeing.

Local charities are very aware that beneath the apparent prosperity, people are facing very real hardship. It is essential that we work together to meet needs arising from inequality and hidden poverty, to support mental health and wellbeing and to tackle loneliness and isolation.

At the 12th annual Harrogate Volunteering Oscars we celebrated the Power of Kindness and the local people of all ages who give their own time to make things better for all of us. Kindness comes in many forms, and there's something every single one of us can do, however small, to help give hope for a positive future.

Harrogate & Ripon Centres for
Voluntary Service Newsletter
Autumn/ Winter 2019



@HARCVS



/HARCVS

Download this newsletter at
www.harcvs.org.uk/news

Where to Turn

Free online Harrogate District
Community Information Directory
www.harcvs.org.uk/WhereToTurn
Connecting local people to their community

Welcome to Care in Action

Our HARCVS Newsletter is published 3 times during the year.

You don't need to miss out on any opportunities or community news in between editions as you can sign up to receive our **regular e-bulletins**.

The e-bulletins are packed full of the latest news, training, resources, local services and events.

'This is a brilliant bulletin - your newsletters spark off so many ideas.'

Sign up at www.harcvs.org.uk/newsletter-subscribe

Share Your News

Editorial contributions for possible inclusion in 'Care in Action' are welcomed from all local voluntary and community organisations.

They should be between 50 and 500 words in length and contributors should bear in mind the non-political nature of HARCVS. The editor reserves the right to edit contributions as necessary without reference to the contributor. The views expressed in this publication, whether attributed or not, do not necessarily reflect the views or policy of HARCVS. To the best of our knowledge, the information contained in this newsletter is correct at the time of going to print. HARCVS cannot accept responsibility for any errors or omissions. The inclusion of an event or article does not constitute a recommendation.

Deadline date for the next Spring edition is Tuesday 3 March 2020

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HARCVS

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If you would like Care in Action to be available in other formats or languages, please let us know.

Meet your HARCVS team



Like to know how we can help?

Join us for an Intro Session in Harrogate or Ripon

'The Info sessions are excellent. Really opened my eyes as to how much help there is out there.'

'Informative and inclusive. Demonstrates how your services support people in need in the area.'

'As an Occupational Therapist newly in post in Harrogate, I feel I can now signpost people to services or people interested in volunteering.'

Know someone new to the area, in a new role or who would just like to find out more about what is happening locally? Sessions are free and last for around an hour. There's an opportunity to ask questions followed by a chance to network and to pick up leaflets which may of use in your role. You will be able to meet other new colleagues and enjoy free tea, coffee and biscuits.

harcvs.org.uk/intro-sessions-2020



Follow us @HARCVS for the latest voluntary and community sector news and we'll follow you back and retweet your events and updates to over 3,900 followers.

Partnership Project saving our Heritage



The Skell Valley Project is a National Lottery funded partnership which aims to slow the flow of water along the River Skell and improve opportunities for people to explore and enjoy the natural and cultural heritage of the Skell Valley.

It focuses around the River Skell which runs 12 miles from Dallowgill Moor, through locations like Grantley Hall, Fountains Abbey & Studley Royal and Hell Wath into Ripon.

The National Trust and Nidderdale Area of Outstanding Natural Beauty (AONB) began the partnership and were given a grant by the National Lottery Heritage Fund in 2018 to develop plans with the people of the Skell Valley ahead of a second bid in June 2020 towards the proposed £2.4m project.

From farmers and landowners to local schools and charities, partnership has been the driving force behind this project as ideas are developed together with local people and groups.

The project has engaged hundreds of people at events like Nidderdale Show, St Wilfrid's Parade, Park Run at Fountains Abbey & Studley Royal and hosted a series of 'Community Conversation' drop-ins at Ripon Community House.

Members of Connecting Ripon have helped to reach out to the community and groups from all over Ripon have given their support, including members of Ripon Walled Garden who have carried out water quality testing. HARCVS are helping develop a project looking at improving the volunteering experience in Ripon and discovering ways to grow the number of people giving time.

Should the bid in 2020 be successful, the project will provide opportunities for people to volunteer in conservation work and 'citizen science'. The project would also support the activities of groups like the Friends of Hell Wath, Jennyruth Workshops and Plastic Free Ripon in engaging people with looking after our local area.



There is now a Facebook '**Skell Valley Project Community Group**' you can join to keep up to date with news.

If you have any questions about the project or want to get involved please contact Jack Palmer, Community Participation Officer on jack.palmer@nationaltrust.org.uk



Working Together for Our Communities

Harrogate District Volunteer Managers' Network



This HARCVS Network meets 4 times a year and provides an opportunity for anyone involved in recruiting and supporting volunteers from the local area to share things that work well and any concerns or difficult issues, with the aim of making volunteering better for everyone.

We had a good turnout for the September meeting, which featured a return visit from Andrew Marsden of Brearleys Solicitors based in Dewsbury. Andrew led a really interesting session on volunteering and the law, and answered a wide range of questions. Topics discussed included The difference between a volunteer and an employee; Volunteering Agreements; Liability to Volunteers; Insurance; Controlling the risks and Resolving disputes.

At the December meeting Alison Straw, recently retired from Carers' Resource, will be sharing her experience of taking the organisation through the Investors In Volunteering accreditation process. Investing in Volunteers (IiV) is the UK quality standard for good practice in volunteer management. The standard's nine quality areas cover all aspects of volunteer involvement, ensuring an excellent volunteer experience from interview to exit.

Even if your organisation doesn't plan to go for full accreditation it will be useful session to consider what makes a good volunteer involving organisation.

A good way to ask questions and share ideas in between meetings is to use our closed Facebook group. Search for 'HARCVS Volunteer Managers' Network' if you would like to join.

If you have any suggestions for topics for future meetings please get in touch by emailing volunteer@harcvs.org.uk



A chance to celebrate and say thank you for the fantastic contribution our volunteers make and to celebrate volunteering in all its diversity.

A date for your 2020 Diary

Ripon Cathedral have kindly agreed to host a

Celebration of Volunteering

on

Wednesday 3 June, 2pm-4pm at the Cathedral

More details and booking details to follow in our updates and newsletters in the New Year.

Next Meeting Dates:

Thurs 12 December, Harrogate Community House

Wednesday 11 March, Ripon

www.harcvs.org.uk/volunteer-managers-network

Working Together for Our Communities

Harrogate District VCS Chief Officers and Chairs Group



In November we had an update on the NHS Harnessing the Power of Communities (HPoC) Programme in Harrogate District. Going forward the focus will be on frail older people, loneliness and mental health.

It is important to make good connections with the new Primary Care Networks and Harrogate and Rural Alliance (HARA) and to evidence and help understanding of the value of voluntary sector services in prevention (of admittance to hospital). More complex referrals are having an impact on charity teams, making workforce resilience a priority. Any increase in referrals to voluntary sector services from the statutory sector needs funding to enable local charities to meet additional demand.

We welcomed Lev Pedro from national support charity NCVO to our September meeting. It was an opportunity to give Lev an insight into local challenges around funding, volunteer recruitment and rural services, and also to showcase the great work our local charity members do.

HARCVS Networks bring people together to exchange information and ideas to improve services, encourage collaborative working and share good practice.

www.harcvs.org.uk/Voice-Influence

Connecting Ripon



In October we held our meeting at a new venue for the Network and were kindly hosted by Lister House. The positive message was that more organisations are looking to collaborate and make more community connections, with new opportunities in 2020.

One of the main challenges facing members was that of transport, particularly rural transport. Reducing public services and higher thresholds for patient transport was leading to a growing demand for voluntary services and increasingly complex individual cases with additional risks and concerns for charities and volunteers. Transport services are key to enabling people to access community activities for their health and wellbeing, as well as for vital trips for medical appointments.

Anyone involved with a charity or community group working in Ripon or surrounding area who would like to connect with others to achieve more is welcome to join the Network. We are looking for offers of a meeting room for dates in 2020.

Next Meeting Date:

Wednesday 5 February, Ripon

www.harcvs.org.uk/ConnectingRipon

12th Harrogate District Volunteering Oscars



Thank you to organiser John Fox, all sponsors and partners and most of all the amazing volunteers who made the 12th Annual Volunteering Oscars Awards Ceremony at the Old Swan Hotel on 1 November 2019 such an inspiring and special event, with over 400 people attending. Shortlisted nominees, friends and family were invited to the evening celebrating volunteers from around our district.

And the Winners are....

Congratulations to the winners and highly commended volunteers in each category

Young Volunteer of the Year - under 25 years

Winners: Louis Woollven

Ripon Reading Hack Volunteers: Rebecca

Edwards; Tilly Parker; Abbie Goodwin; Emily

Parry; Alec Goulding; Grace Stroer-Jarvis; Eleanor

Hope; Sofia Sumpter; Maeve Horsman; Lisa

Thorpe; Diana Jurgina; Cassidy Weidemann; Nina

Komisarek; Juliet Wright; Chola Malama; Sarah

Wright; Brooke Millward; Jie Yaw; Jessica Millward;

Jugo O'Neill; Zoe O'Neill

Care Volunteer of the Year

Winner: Belinda Atkinson

Community Volunteer of the Year

Winner: Georgina (Georgie) Good

Highly commended: Jenny Travena

Environment Volunteer of the Year

Winner: The Cone Exchange

Highly commended: Open Country Conservation Groups

Sports Volunteer

Winner: Steve Pattison

Volunteering Team of the Year

Winner: Sir Robert Ogden End of Life Support Volunteers

New Volunteer of the Year - for any person who has started volunteering within the last 12 months

Winner: Naomi Ross-Gower

Highly commended: Jamie Thistleton

With thanks to the Harrogate Advertiser for the photos on pages 6 and 7

A Special Celebration of local Volunteers

Unsung Hero of Harrogate

Winner: Mark Smith

Unsung Hero of Knaresborough

Winner: Brenda Dixon

Unsung Hero of Ripon & Boroughbridge

Winner: Kevin Mason

Highly commended: Daryl Ekin

Unsung Hero of Nidderdale

Winner: Erica Spencer

Trustee of the Year

Winner: David Hayes

Organisation of the Year - which has demonstrated best practice in Volunteer Management.

Winner: Harrogate Theatre



Volunteer of the Year - for the volunteer who has given an extraordinary contribution to an organisation, its service users and fellow volunteers. This volunteer has gone those extra few miles.

Winner: Lauren Doherty



Lifetime Achievement Award - for the volunteer who has given an extraordinary contribution to the organisation, its service users and fellow volunteers over a significant length of time. Unlike the other Awards, this recognises the contribution across a number of years rather than just the last 12 months.

Winner: Pam Roberts

Congratulations too to those local voluntary organisations celebrating special anniversaries this year including:

Ripon Scouts (100 years)

Harrogate Round Table (70 years)

Ark Ripon (50 years)

Horticap (35 years)

SASH, Follifoot Park Disabled Riders Group, Ripon Activity Project and Paperworks (25 years)

Starbeck Summer Show (20 years)

PPR Foundation and Springboard (Harrogate Homeless Project) (10 years)

Celebrate Corporate Connections

The Oscars has always included a Corporate Engagement Award to recognise the support which local businesses give with fundraising, volunteering and sharing expertise.

It was a surprise not to receive any nominations in this category for the first time this year, which is a great shame given that undoubtedly there is great work going on in the district.

Do get in touch if you have ideas of how to bring in business nominations in future.

Partnerships, Achievements and Consolidation



Thank you to everyone who joined us at our AGM event at The Arches @ Holy Trinity, Ripon.

We were welcomed by HARCVS Chair, John Fox, and delighted that the Mayor of Ripon, Cllr Eamon Parkin; the Mayor of Pateley Bridge, Cllr Chris Skaife; the Mayor of Boroughbridge, Cllr Geoff Haldenby and the Chairman of North Yorkshire County Council, Cllr Jim Clark were able to join us.

Four trustees were elected to our Board. We were pleased to welcome a new trustee, Caroline Shead (Macmillan Cancer Support), and 3 existing trustees were re-elected to serve a further term: Kevin Douglas (Harrogate & District Cycle Action); Ruth Newton (Sharow & Copt Hewick PCC) and John Fox (Friend of Harrogate Hospital and Community Charity). You can find out more about our 12 trustees at harcvs.org.uk/OurTrustees

Karen reviewed the year for HARCVS, looking to new opportunities and challenges as we move forward as a multi-purpose charity and highlighting achievements in what had been a year of consolidation for our core CVS services, following major changes in funding the previous year.

Continued core grant funding from Harrogate Borough Council has been vital to our ability to offer support to charities and volunteers.

It had been a year of working in partnership, enabling the quality of the services we continue to offer to support the local voluntary and community sector and older and vulnerable people to be maintained, as well as supporting the development of new products and services.

Julie Proudler, Ripon Services Co-ordinator, explained how HARCVS services helped people to stay connected, to get out and about in the community and be safe and well at home.

Going forward, it was important that voluntary and community sector organisations supporting good health and wellbeing were involved in plans for services, with the integration of health and social care services in the District.

Connecting Ripon was set up 6 years ago, with support from Ripon City Council, and brings together the many local charities and groups doing fantastic work in and around the City.

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Connecting and Collaborating

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Through Connecting Ripon, information is shared, problems are solved and issues identified, which HARCVS can feed in to help with the planning of local services supporting good health and wellbeing.

Local charities are very aware that beneath the apparent prosperity, people are facing very real hardship, and it is essential that we work together to meet needs arising from inequality and hidden poverty, to support mental health and wellbeing and to tackle loneliness and isolation.



At our AGM, four Connecting Ripon members were given the opportunity to share how they work in and around the city to give hope for a positive future. We heard inspiring contributions from Ripon Community Link, Ripon Museums, the Skell Valley Project and C3 Cathedral Community Connections. They all demonstrated how their work links to our HARCVS vision that people benefit from leading fulfilling and active lives and make a positive contribution to local community life.

Membership Matters

Be part of a growing network with a shared sense of community meeting the needs of local people in the Harrogate District.

HARCVS aims to have a large and diverse membership to help us to campaign and advocate with and on behalf of the local voluntary sector to make a positive difference. **Join now for free** harcvs.org.uk/HARCVS-Membership

Our **HARCVS Impact Report** gives some examples of how we have helped communities, charities and volunteers over the last year. Connecting and collaborating underpins all our work and supports the delivery of three further themes: supporting local voluntary action, community fundraising and practical support for older and vulnerable people.

Here are just some examples of the work we have been doing :



190 ORGANISATIONS

were supported to recruit volunteers for over 400 different roles



760 ACTIVITIES SUPPORTING WELLBEING

listed in our Where To Turn Directory



212 PEOPLE CONNECTED AT 13 NETWORK MEETINGS

becoming more aware of local needs and priorities



96% OF MEMBERS

would speak highly of HARCVS



65 PEOPLE JOINED 16 WORKSHOPS

increasing skills and knowledge

Dragons boost THE LOCAL FUND

Following a successful launch of the second funding round in July 2019, the LOCAL FUND Panel (made up of donors, Friends of the LOCAL FUND and representatives of Harrogate Borough Council) met in October and awarded over £35,000 to 16 groups from across the Harrogate District.

Grants awarded ranged from £365 to support smaller groups such as Dacre & Hartwith Village Hall and Harrogate Hospital Radio and larger awards of up to £3,000 made to Whixley Village Hall and the Harrogate AFC Sporting Memories project.

In addition, over £34,000 was awarded through the LOCAL FUND for the Harrogate District and the High Sheriff of North Yorkshire partnership 'Dragons Den' event held at Rudding Park in early October, with local charities and community groups pitching their projects to a panel of 'dragons.'

This successful and exciting event was generously hosted by Simon Mackaness and Rudding Park Hotel, with Linda Fenwick, the High Sheriff of North Yorkshire presenting the awards.



The Dragons were high profile business people and philanthropists including Frances Dodd, Charlie Forbes Adam, Nigel Tapley, Richard Menage, Mark Granger of Carter Jonas and Peter Grant.

The criteria to be a "pitcher" (selected via expressions of interest) was that organisations should have less than £100k turnover and be supporting good mental health.



Awards made were: £8,000 to Emerging Voices, £8,000 to Supporting Older People (£1,000 of that from an Audience Award), ARCH Resolution £5,500 (£500 from an Audience Award), Opening Minds £5,000, Artizan International £4,000 and Harlow Friendship Group £4,000.

All the donations are to support the groups' running and activity costs.



We need more Friends!

Friends of the LOCAL FUND are a group of like-minded people and organisations who wish to encourage charitable giving and gain support for **THE LOCAL FUND** in the Harrogate District.

Twitter: @TLFHarrogateDis

Sign up as a Friend:

www.harcvs.org.uk/FriendsTLF

...and THE LOCAL LOTTO grows giving

All proceeds from the tickets sold for the Dragons' Den evening went to the charities via the Audience Award and a donation was made to Disability Action Yorkshire for their great work 'up-cycling' the Dragons' chairs.



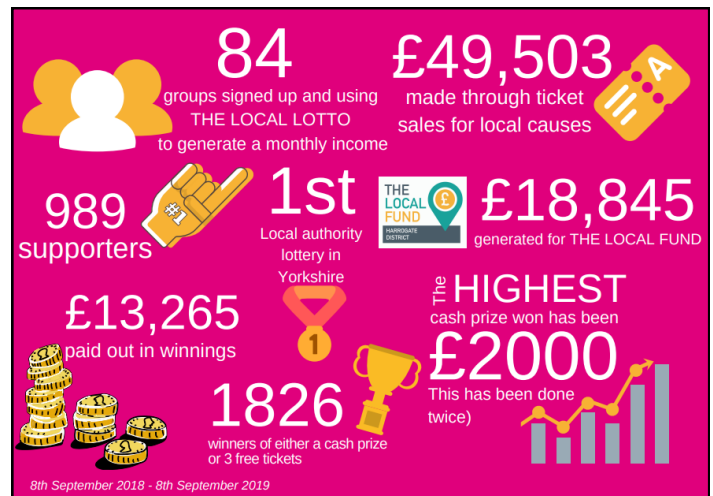
Chris Legard, Two Ridings' trustee said: *'I am thrilled that this year's Dragon's Den raised a significant amount of money for six very deserving, small, mental health and well-being charities in the Harrogate district. It was an excellent showcase to demonstrate the wonderful work that small local charities do, and their positive impact on local communities.'*



An innovative partnership between Harrogate Borough Council, Harrogate & Ripon CVS and Two Ridings Community Foundation, designed to encourage local giving and be a long-term source of funding support and encouragement to the work of local organisations tackling social issues that affect local people. The Fund comprises donations from organisations and individuals, and dormant trust funds, and is managed on behalf of the partnership by Two Ridings Community Foundation.

The Partnership is planning ahead for 2020 and developing a long term strategy now the fund is successfully set up and running.

www.tworidingscf.org.uk/tlfharrogate



A reminder that signing up for THE LOCAL LOTTO is another great way to support THE LOCAL FUND, with at least 10p from every ticket sale going into the pot. Harrogate Borough Council has produced an annual report which presents the key achievements from THE LOCAL LOTTO over the first 12 months of draws (see above).

This highlights that just under £50,000 was generated for local voluntary and community groups across the Harrogate District through ticket sales. Of this amount £18,845 was raised for THE LOCAL FUND and this gives a further opportunity to support local groups who may not generate a monthly income through THE LOCAL LOTTO.

£13,265 has been paid out in winnings with the highest cash prize so far of £2,000 being won twice.

www.thelocalotto.co.uk/news/thefirstyear

Sign up your good cause

Sign up for FREE and get your own LOTTO web page

Keep 50p from every £1 ticket sale from your page (another 10p goes to THE LOCAL FUND)



www.thelocalotto.co.uk/good-causes

Where To Turn for Local Knowledge

We provide a wide range of information, networking and learning opportunities and promote voluntary sector services, events, jobs and volunteering opportunities via our networks.

The **HARCVS 'Where to Turn' Directory** gives free, quick and clear access to over 750 community organisations, activities and services, from health charities to craft classes. Search results can be easily printed off to produce an up to date bespoke 'directory' or listing for an individual or a group in a particular locality or with similar interests and needs.

An integral part of our 'Where To Turn' is the **HARCVS Volunteering Directory** which contains about 200 local volunteering opportunities at any time. The Directory is searchable by activity (from animals to admin); cause (from environment to mental health); availability; wheelchair access; location or volunteering from home to help people across Harrogate District find something they enjoy.

HARCVS also produces themed booklets of opportunities to promote volunteering out and about in the community. Our local team is here to help volunteer recruiters looking to find their ideal match and we produce a guide to making the most of advertising opportunities too.

Find our directories online at: www.harcv.org.uk

If you can share postcards promoting the directories we would love to hear from you.

'Having a local source of knowledge will always be important.'

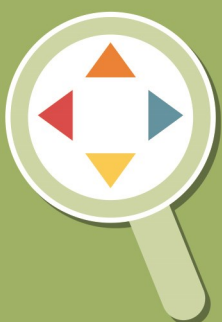
Our e-bulletins are packed full of the latest news, training, resources, local services and events.

'The newsletter is very valuable. I know of no other organisation which provides the detail and quality of information that is also relevant to Harrogate area. There is plenty of information about national matters from several sources but it is information relevant to our locality that is needed.'



HARCVS provides free 1 to 1 local social media help for your charity, group or club at our regular surgeries.

These are relaxed sessions with no presentations. Instead you sit next to someone who understands good ways to use the internet; someone who will listen to what your organisation does, and then shows you free, useful tools. If you like what you see they can also help you set up your blog, Facebook page or Twitter account for example.



Where to Turn

Free online directory making it easy to access up to date information about hundreds of community activities, charity services and events in Harrogate District which support good health and wellbeing

harcv.org.uk/WhereToTurn

H&RCVS
Harrogate and Ripon Centres
for Voluntary Service

and Learning

We don't offer timed appointments, you can turn up any time between 6 and 7pm, so you may need to wait but we do offer free tea, coffee and cakes and often find people waiting to be seen start sharing ideas for social media use amongst themselves as well!

The surgeries are a great way to pick up tips on using free web sites and services to organise activities, promote events, raise funds, collect feedback, recruit volunteers and more!



Our interactive HARCVS 'See and be Seen' workshop is another opportunity to pick up practical hints and tried and tested ideas on how to improve your group's visibility in your local community.

Research suggests that small charities miss out on donations because the public is unaware of them. Raising the profile of your charity or group means you connect with more funders, volunteers, supporters and people who need your services.

Event dates and booking: harcvs.eventbrite.co.uk

Affordable meeting rooms and office accommodation close to the centre of Harrogate



HARCVS has offices available to rent at Harrogate Community House.

The building is fully accessible and offers:

- Serviced offices with our friendly and helpful Reception service during office hours
- Fully equipped meeting / training rooms with kitchen facilities
- Lifts to all floors
- Full wheelchair accessibility to all floors and wheelchair accessible toilets
- A resource area with information about local services

Meeting rooms are available for hire at very reasonable hourly rates from 9.00 am to 9.30 pm each day.

For more information and to arrange a visit, please contact 01423 503700

reception@harrogatecommunityhouse.org

www.harrogatecommunityhouse.org



Browse hundreds of different opportunities to volunteer and to get involved in your local community...

Volunteering Directory

Find your ideal role

harcvs.org.uk/Volunteer

H&RCVS
Harrogate and Ripon Centres
for Voluntary Service

Ripon Together



Cycle to the Moon Launch event Photo © Ben Colson

Ripon Together is a not for profit partnership organisation which brings people together to work on projects and activities to make the city of Ripon a friendly and thriving place to live and a welcoming place to visit.

The directors represent the various sectors of the community including the voluntary sector, churches, businesses, the City Council, culture, tourism, the environment, sport and education.

There are over 130 individual members of Ripon Together but the directors would like to boost this to at least 500. Anyone who lives or works in the city is eligible to apply to join.

At the December board meeting the directors will be reviewing the feedback from the Open Forum session in November and agree priorities and plans for 2020.



Hello Neighbour

I'm here if you need me.

OurNeighbours.org.uk

Looking out for our neighbours

'Looking out for our neighbours' is a social movement that aims to inspire people to make small changes to help their neighbours and in turn help prevent loneliness and social isolation throughout West Yorkshire and Harrogate District.

Phase 2 of the campaign is launching in December to remind us all that we can all do our bit to support people in our neighbourhood, whether it's popping to the shops, offering a lift or just saying hello - however big or small the task, everyone can look out for a neighbour nearby.

Download your helpful neighbour pack, support the campaign and find out more at www.ourneighbours.org.uk

Date For Your Diary:

Sights & Sounds of

Ripon

Saturday 7 March 2020

my neighbourhood
your community...

Free family-friendly day full of activities and information for all ages at venues throughout the city.

This is a great opportunity for agencies, businesses and voluntary and community organisations to showcase their work and promote what is unique about living in the city of Ripon. The event is free to visitors and participants and each year attracts upwards of 800 visitors.

If you would like to get involved or would like more information please contact Fiona.Friday@harrogate.gov.uk

Supporting People on the street to turn a corner



Harrogate Street Aid is an initiative to address the issue of begging and street sleepers (people seen to be sleeping on the street but may have accommodation) in the Harrogate district.

Visible begging and street sleeping in Harrogate is an increasing concern. As at August 2019 there were approximately seven rough sleepers (people seen sleeping on the street who are homeless) and 13 beggars, two of whom were truly homeless.

Asking for money means the general public give to people on the street without realising it may only help keep them there. In the Harrogate district there have been increased incidents of anti-social behaviour (ASB), increased environmental health issues and complaints from the public and businesses linked to street sleepers and begging.

The key aims of Harrogate Street Aid are to:

- ⇒ work towards addressing the issue of begging and street sleepers
- ⇒ educate the public regarding the issue of begging and street sleepers
- ⇒ raise funds centrally to disseminate to individuals via organisations involved with begging and homelessness/street sleepers

Free publicity materials are available to help promote Harrogate Street Aid. Contact 01423 500600 streetaid@harrogate.gov.uk

Harrogate Street Aid will encourage the public to donate £3 directly to the fund via a contactless tap terminal in Harrogate town centre and online at www.harrogatestreetaid.co.uk

Organisations supporting homeless people and those begging will be able to apply for grants of up to £500 for individuals where other funding is not available. Cash will not be given directly to individuals nor will funding be available for anything that may encourage an individual to go back onto the streets e.g. sleeping bag, tent.

Examples of what can be applied for includes: training courses; clothing for interviews; rent bonds not covered currently; licences for selling goods; addiction therapies; second hand bike.

Two Ridings Community Foundation are administering the initiative, with funding from the Office of Police, Fire and Crime Commissioner Community Fund and support from Marks and Spencer.

Where to donate?

Tap to donate £3 at

M&S Foodhall window

Oxford Street
Harrogate



Also online at

www.harrogatestreetaid.co.uk

Working in partnership with:

- Harrogate Homeless Project
- North Yorkshire Horizons
- North Yorkshire Police
- Harrogate Borough Council

Here to HELP... in Knaresborough



Here to HELP

'drop in' information service
at
**Knaresborough Friendship
& Leisure Centre**

A chance to enjoy some company and
to bring along any questions you have
about where to turn for community
support and activities

Information and signposting to community support and activities

FREE tea, coffee and biscuits

A chance to chat and enjoy some company

Transport available on request




We are delighted to have expanded our free drop in information session 'Here to HELP' in Knaresborough.

Jen will be at the Friendship Centre on the Market Place on the first Wednesday of every month from 12pm until 2pm. Free refreshments are available along with the chance to find out where to turn for community support and activities. It's also a chance for a natter and catch up, to meet new people and to see what other activities take place at the Friendship Centre.

There's no need to book a place for Here to HELP, simply pop by. If you require transport to access the drop in session, please contact Jen or Christine on 01423 813090.

Don't forget, we also have a monthly drop in at Bilton Health & Wellbeing Hub on the first Tuesday of every month.

You can also drop in to Ripon Community House for Here to HELP information from our Ripon & Rural services Monday to Friday between 9am and 3pm.

Warm & Well

As part of our Here to HELP information services in the community, we are keen to spread the word about staying warm and well this winter.

Our free 'Warm & Well' talks provide people with top tips for keeping homes warm, support to switch energy suppliers and information on how to make homes more energy efficient.

Warm & Well

in North Yorkshire

If you would like one of the Here to HELP team come and speak to your charity or community group, please contact Jen in Harrogate on 01423 813090 or Susan in Ripon on 01765 645915.

You can also find out more about the Warm and Well in North Yorkshire Partnership helping people affected by cold homes and make a referral at www.warmandwell.org.uk



HELP
Harrogate Easier Living Project

www.helpharrogate.org.uk



[/HELP.Harrogate](https://www.facebook.com/HELP.Harrogate)



[@HELP_Harrogate](https://twitter.com/HELP_Harrogate)

Befrienders Needed!

As the weather turns and more people struggle to get out and about, we are appealing for more volunteer befrienders, particularly in the more rural parts of our community.

Those who live in remote villages or on the fringes of towns often feel even more isolated during the winter months and they struggle to stay connected with their community.



This is where befriending makes a huge difference to people's lives. If you, or anyone you know, could spare an hour a week, fortnight or month to offer some company to a local person, please get in touch for an informal chat:

Ripon & Rural Wellbeing Service (Ripon area)

Julie Proudler 01765 645902

ripon@harcvs.org.uk

Supporting Older People (Harrogate & Knaresborough)

Julia Lightfoot 01423 531490

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'We noticed a difference in mum since she received your support. She has been noticeably happier and more positive. It has lessened the worry for us as family too. A big thank you for the positive effect on my her mental and physical health and wellbeing.'

Farewell & Welcome at BCC



This summer Boroughbridge and District Community Care held a party with more than 50 people including trustees and volunteers wishing a fond farewell to David Allon. Liz Vose, the Chair of trustees, presented David with a cheque so that he could continue enjoying his many travels.

Karen Morrell, Vice Chair, said: *'David, who may never retire, is going to be working with his son. He served a total of 17 years with BCC, the initial 3 at Ripon CVS before coming to Boroughbridge. We would like to wish David well and thank him for the many years he has contributed to this wonderful local charity.'*

A warm welcome to Karen Parker who has taken up the new role of General Manager as BCC grows to meet rising demands for services.



HARCVS Members in the Spotlight

Essential Needs Charity Furniture Store..

Manager Lee Wright explains how Essential Needs Charity Furniture Store makes a difference to local people.



Essential Needs was set up in Harrogate to help make a house into a home. We do this by providing low cost furniture and appliances to families in furniture poverty and people on a low income throughout the Harrogate District. We are also open to the general public, but our aim is to always to help those in need first.

We work closely with Harrogate Borough Council, North Yorkshire County Council and various local agencies and housing providers to help their service users equip homes with essential items. We want to encourage as many local organisations as possible to refer customers to us and make essential house furniture accessible at low cost. If you would like to know more about how to do this, please contact us.

We all know a home is not a shell with empty rooms; a home has to have a bed, wardrobe, sofa, TV, curtains and many more things to feel like a home. A person needs to feel warm, cosy and be comfortable to move forward onto better things. We like to think that we help at the beginning of this process.



Essential Needs helps people get back on their feet or may simply provide a bargain that is affordable and makes a person smile.

2020 will be our 25th year in operation. In that time our purpose has not altered. In fact it is needed more than ever for both the environment and the people we aim to help.

We can only provide items at low cost because of all the kind donations we receive. We are very grateful to local people who donate unwanted furniture. Please spread the message that we take donations and will collect larger items free of charge throughout the Harrogate District. This also helps to divert from landfill.

Making a Difference

In 2018—2019

- ⇒ 783 households were helped which enabled them to save £99270 against the cost of new items.
- ⇒ The reuse of items sold prevented 40 tonnes of furniture being sent to landfill.
- ⇒ Volunteer hours totalled 4552, the equivalent of 2.5 full time staff.

HARCVS Members in the Spotlight

..Helping to make a House into a Home



With only 3 part time staff, we also could not provide our service without the kind support of a dedicated team of volunteers who: take calls, book deliveries and collections, work in our warehouse, on the van, sort, price, build, lift, carry and make cups of tea! We simply could not keep going without them.

We are always interested in hearing from people interested in volunteering and looking into new ideas and projects to develop. If you think you may be able to help, please get in touch.

We have a friendly team which creates a welcoming atmosphere, run by a team of trustees. Together we are aiming to progress our services while keeping to our principles of being a local charity aiming to help people in the community. You can support us by donating, volunteering, buying from us, popping in to see us, or simply by liking us on Facebook.



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Harrogate HG2 8DF**

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www.essentialneeds.org.uk



@_EssentialNeeds



/Essential Needs

Take Your Turn in the Spotlight!

If you are involved with a local charity and would like to feature in a future edition of Care in Action and on our HARCVS website, please let us have your news at www.harcv.org.uk/Submit-News or email cvs@harcv.org.uk We would love to hear about how your organisation makes life better for people in Harrogate district and opportunities to get involved.



Where to Turn

Free Online Community Directory
for the Harrogate District

Our fully searchable Where to Turn Community Directory makes it easy to access up to date information about hundreds of community activities, services and events which support good health and wellbeing.

We're here to help connect you.

harcvs.org.uk/WhereToTurn

☎ 01423 504074 ✉ cvs@harcvs.org.uk 🐦 @HARCVS

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Volunteering Directory

Find your ideal role

Our free online directory of volunteering opportunities in the Harrogate District can be searched by interest area, age, availability, wheelchair access and location.

Browse hundreds of different opportunities to volunteer and to get involved in your local community.

harcvs.org.uk/Volunteer

☎ 01423 504074 ✉ volunteer@harcvs.org.uk
🐦 @VolunteerHARCVS

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Our HARCVS free online resource for people looking for charity services, support groups and community activities for themselves, someone they care for or support.

Our HARCVS free online resource matching local people with volunteer roles that suit their interests, skills, availability, location and needs.

How to Contact HARCVS

Tel: 01423 504074 **E-mail:** cvs@harcvs.org.uk
www.harcvs.org.uk

Community House, 46 - 50 East Parade
Harrogate HG1 5RR

Community House, Sharow View
Allhallowgate, Ripon HG4 1LE

HARCVS sends you 'Care in Action' because you have signed up to this information service we provide or you receive it as a representative of one of our partner organisations. We record your name and address to enable us to provide this service. If you no longer wish to receive your paper copy of 'Care in Action', please let us know by using the contact details above.



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navca
local focus national voice



Harrogate Borough Council and Ripon City Council financially contribute to the provision of support to charities and volunteers in Harrogate District.

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