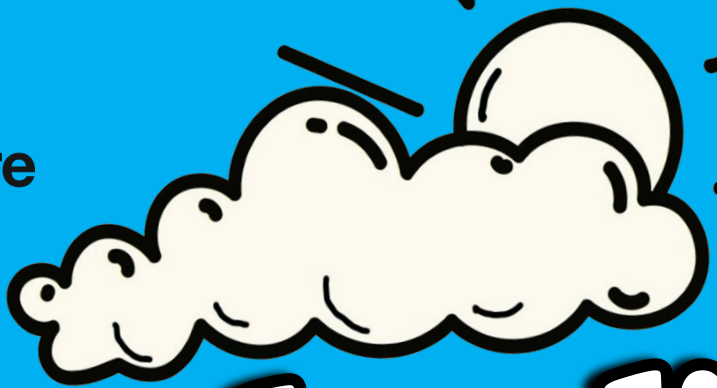




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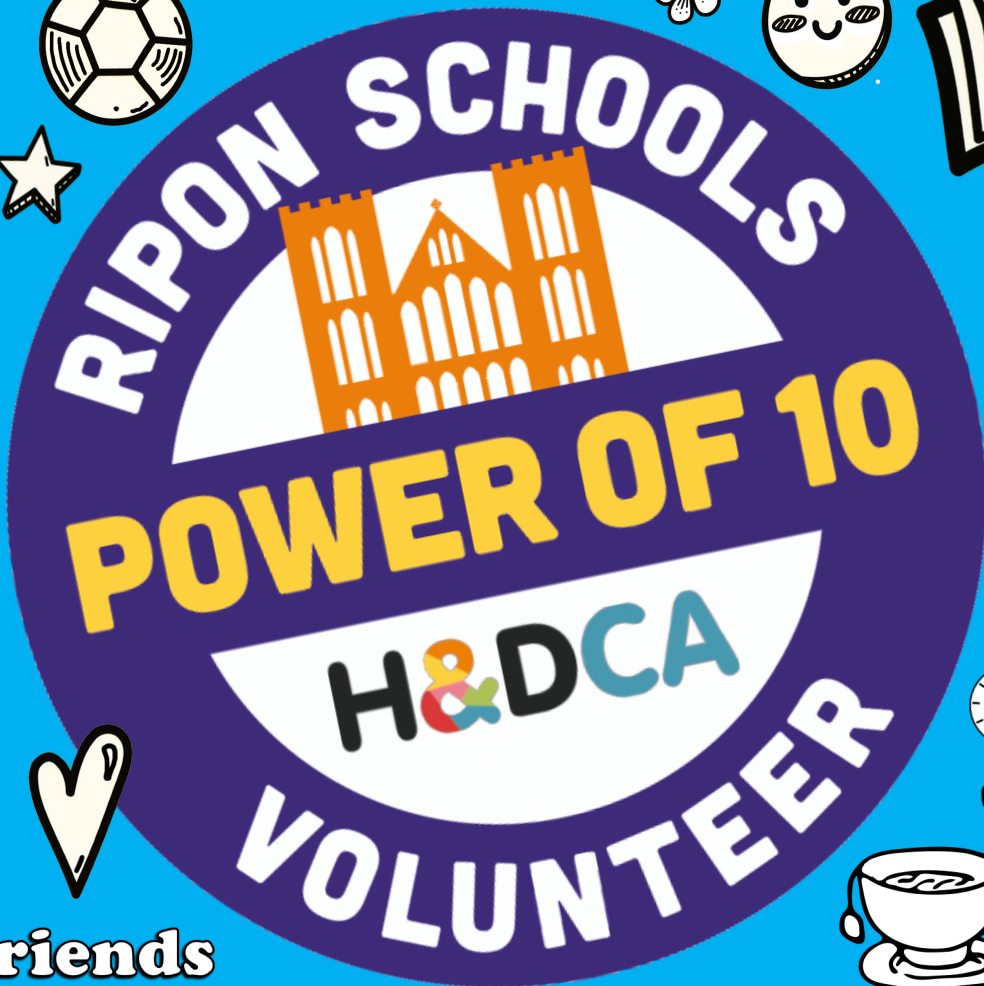
# Get Involved!



LEARN  
NEW  
SKILLS

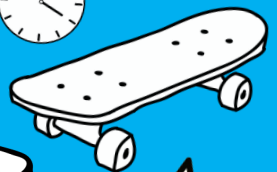


Make friends



Have  
Fun

BOOST  
YOUR  
CV



## DO GOOD IN YOUR COMMUNITY





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# BE A COMMUNIIY HELPER Get Involved!

THERE'S LOADS OF EVIDENCE THAT SHOWS  
VOLUNTEERING PROVIDES YOU WITH TONS  
OF FANTASTIC OPPORTUNITIES TO:



- ★ **Have fun**
- ★ **Make friends**
- ★ **Develop new skills**
- ★ **Support wellbeing**
- ★ **Improve mental health**
- ★ **Gain qualifications**
- ★ **Work experience**
- ★ **Boost your personal statements and CVs**



SCAN THE QR CODES TO FIND OUT MORE!

